



**PARRY**  
**PHYSICAL THERAPY**  
**GROUP**

*Personalized Physical Therapy*



treatments

- general orthopedics
- sports medicine
- spine care
- arthritis
- post-surgical rehab
- pre-joint replacement prep
- osteoporosis
- work injuries
- hand therapy
- pain management
- pediatrics
- lymphedema
- geriatrics
- gait and balance
- neuropathy
- vestibular/inner ear
- stroke rehab
- massage therapy
- wellness program
- functional capacity evaluation

*The doctor thought I would never go back to work.... I guess he was wrong. Thank you for everything."*

— Carmen Garcia

*"I actually feel better than I did before I got injured."*

— Gerald Landes

*"I didn't think I'd get back this fast, but I feel good."*

— Scott Thomas

**Industrial Rehabilitation...  
 More Than Just Work Hardening**

Parry Physical Therapy Group has been providing specialized occupational rehabilitation for work related illnesses and injuries for 12 years. We have **three locations, Allentown, Quakertown, and Lansdale PA**, which offer accommodating hours for the working person and now rehabilitation and strengthening equipment suited for the industrial medicine patient.

With **over 14 years of experience**, extensive continuing education and training, and technical experience in ergonomics and occupational medicine, we know that the key to a patient's successful and timely return to work is based on their physical recovery as well as their mental perspective.

We look beyond complaints of pain and work to **restore flexibility, mobility, strength and endurance**. We also work to help the individual develop a positive and productive attitude about themselves and their job. **We treat each person with dignity in an uplifting, positive, and friendly atmosphere**. We also communicate closely with the case manager and never undermine their plan for the employee's return to work.

Our services are distinguished from other physical therapy practices by our unique understanding of the anatomic and physiologic causes which result in functional limitations and disabilities. Simply put, we find and fix what others miss. Our experience affords us assessment and documentation skills to distinguish legitimate illness and injury from malingering.



Dr. Jack A. Parry,  
DPT, MPT, MSA

Dr. Janene Schimmer, DPT

**DR. JACK PARRY, DPT** received his bachelor's degree from Lafayette College and holds Masters degrees from both Columbus College and Temple University. He also earned his Doctor degree at Temple. He has been engaged in the practice of physical therapy since 1989, and currently specializes in spine and joint arthritis rehabilitation. Dr. Parry has lectured on shoulder and spine rehabilitation and cumulative trauma disorders in the work place.

**DR. JANENE SCHIMMER, DPT** graduated from Beaver College with a degree in psychology and a minor degree in Spanish. She earned a Doctor degree from Arcadia University. Dr. Schimmer specializes in musculoskeletal rehabilitation and cancer related lymphedema treatment. She speaks fluent Spanish and oversees our Allentown office which serves the Latino community.



**Quakertown**

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**Lansdale**

624 E. Main St., LaCrest Fitness Center • Lansdale, PA 18951

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